

# [Argentinean consensus guidelines on the identification and clinical care of secondary progressive multiple sclerosis]

## Abstract

**Introduction:** The identification, diagnosis, follow-up, and treatment of patients with secondary progressive multiple sclerosis (SPMS) show significant differences between health care professionals in Argentina.

**Aim:** To provide consensus recommendations on the management of patients with SPMS in Argentina to optimize patient care.

**Development:** A panel of expert neurologists from Argentina dedicated to the diagnosis and care of multiple sclerosis patients gathered during 2019 and 2020 to carry out a consensus recommendation on the diagnosis and treatment of SPMS patients in Argentina. To achieve consensus, the methodology of 'formal consensus-RAND/UCLA method' was used. Recommendations were established based on published evidence and the expert opinion. Recommendations focused on how to define SPMS and how to follow SPMS patients.

**Conclusion:** The recommendations of this consensus guidelines attempt to optimize the care of SPMS patients in Argentina.

Link full text: <https://pubmed.ncbi.nlm.nih.gov/33378076/>